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## **Dimensions of Women's Morals in Islam: Analysis of Religious, Individual, and Social Ethics**

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### **Abstract**

*Morality (akhlak) is an essential aspect of Islamic teachings that reflects the quality of faith and personal character, including that of Muslim women. In social reality, however, there remain understandings and practices of morality that are not fully integrated across spiritual, personal, and social dimensions. This study aims to examine the concept of women's morality in Islam, encompassing morality toward Allah, oneself, parents, and society. The research employs a qualitative method with a library research approach, analyzing primary sources such as the Qur'an and Hadith, as well as classical and contemporary Islamic literature. The findings indicate that women's morality in Islam is comprehensive and interconnected, with obedience to Allah serving as the foundation for the development of personal, familial, and social morality. Values such as trustworthiness, responsibility, empathy, and cooperation emerge as key characteristics in social life. Future studies are recommended to explore the implementation of women's morality in contemporary social contexts through empirical approaches.*

**Keywords:** Women's Morality; Islam; Morality Toward Allah; Social Morality.

### **Abstrak**

*Akhlak merupakan aspek esensial dalam ajaran Islam yang mencerminkan kualitas keimanan dan kepribadian seseorang, termasuk perempuan Muslim. Dalam realitas sosial, masih dijumpai pemahaman dan praktik akhlak yang belum sepenuhnya terintegrasi antara dimensi spiritual, personal, dan sosial. Penelitian ini bertujuan untuk mengkaji konsep akhlak perempuan dalam Islam yang mencakup akhlak kepada Allah, diri sendiri, orang tua, dan masyarakat. Penelitian ini menggunakan metode kualitatif dengan pendekatan studi literatur melalui analisis sumber-sumber primer berupa Al-Qur'an, Hadis, serta literatur Islam klasik dan kontemporer. Hasil penelitian menunjukkan bahwa akhlak perempuan dalam Islam bersifat komprehensif dan saling terhubung, di mana ketaatan kepada Allah menjadi landasan bagi pembentukan akhlak personal, keluarga, dan sosial. Nilai-nilai amanah, tanggung jawab, empati, dan kerja sama menjadi karakter utama dalam kehidupan bermasyarakat. Penelitian selanjutnya disarankan untuk mengkaji implementasi akhlak perempuan dalam konteks sosial kontemporer melalui pendekatan empiris.*

**Kata kunci:** Akhlak Perempuan; Islam; Akhlak kepada Allah; Akhlak Sosial.



## Introduction

Morals are the state of a person's behavior that exists or is embedded in the soul and is integrated in the qolbi (heart). In essence, morals are a condition or characteristic that has penetrated the soul and become a personality so that from there various kinds of actions arise spontaneously without pretense and without thinking. Islam teaches us to be able to worship with good manners and morals, commendable morals for a Muslim have a very important position. In fact, one of the Prophet Muhammad SAW's treatises was to perfect morals(Wahyudi et al., 2024).

The morals of today's women are declining. Many women have strayed from their natural state, are unaware of their true selves, and are far from the morals exemplified by the mothers of the believers, the wives of the Prophet. Many women now prefer and adopt Western styles.(Akhlak et al., nd).Then Allah SWT, through His word, forbade believer women from dressing up in the style of the previous Jahiliyah, and ordered them to dress up in different makeup from Jahiliyah women, both in terms of the shape of their hair, the way they covered their bodies, their manners and their movements, namely by covering their headscarves over their chests.(Murtopo, 2017).

When a woman is able to make herself into a woman who has good morals, of course this will have an impact on her life in the family and in society.(Implementation et al., 2020)Women are creatures praised by Allah SWT for all their advantages. Islam does not differentiate between men and women. The difference lies in the functions and duties assigned to each.(Berliani et al., 2025).The position and standing of women in social and national life is very clear, namely as members of society and as citizens, namely having a number of rights and obligations.(Education et al., 2020). In describing one of the initial steps in educating correct morals is to instill Islamic religious education in children as early as possible, so that children can receive an understanding of the values of behavior.(Independent, 2018).

If we observe the condition or state of morals of the next generation or young



people today, it is certainly very worrying because many teenagers no longer have moral values, ethics and character.(Harahap et al., 2022)If this kind of behavior is allowed to continue, it can have negative consequences for teenagers and the environment.(Volume 2022). Bad morals can occur because examples that become a point of indifference are examples of bad habits, such as the development of an era that is full of foreign culture which also becomes a role model for teenagers.(Ichsan et al., 2021).

When discussing morals, we must follow or remember the Prophet Muhammad (peace be upon him). He was a servant praised by Allah for his excellent morals.(Rahman, 2021). Even, Islam views women as noble and honorable creatures, creatures who have rights prescribed by Allah SWT. In world politics, women occupy important sectors and hold multiple roles(Sihaloho, nd).

## **Research Methods**

This research is a qualitative research with a type of library research using the content analysis process. Data or materials are then collected from various primary and secondary sources to provide accurate data regarding the research topic. After that, we enter the stage of analyzing and classifying data, identifying themes that are in accordance with research questions, and presenting important points to summarize the research results in an easy-to-understand way.

## **Results and Discussion**

### ***Understanding Morals in Islam***

In a wayIn language, Islam comes from the Arabic word salama which means safe, peaceful, clean, and aslama which means surrendering, submitting and obeying God.(Abdurrohman & Sungkono, 2022). In terms of terminology, Islam is a revealed religion revealed by Allah SWT to the Prophet Muhammad SAW, containing complete teachings to guide all aspects of human life towards happiness in the afterlife through total obedience to Allah.(Firmansyah, 2019).

Etymologically, morals comes from the Arabic word akhlaqa, yukhliq, ikhlaqan,

its plural is khuluqun which means character (al-sajiyah), customs (al'adat), character, behavior or nature (ath-thabi'ah), good differences (al-maru'ah), and religion (ad-din).(Hidayati, 2015). In terms of terminology, morality is a system of values that regulates the patterns of attitudes and actions of humans on earth and is an act that has been embedded in a person's soul, so that it has become his personality.(As & Akhlak, 1995)Morals occupy a very important position in Islam, so that every aspect of Islamic teachings is always oriented towards the formation and development of noble morals.(Arif, 2022).

According to Syarifah Habibah, the division of morals includes: 1). Morals towards Allah SWT. 2). Morals towards the Prophet Muhammad. 3). Morals towards oneself. 4). Morals towards family. 5). Morals towards society.(Naldi et al., 2024). According to Imam Al-Ghazali, morals are "qualities embedded in the soul that give rise to actions easily and effortlessly, without the need for thought and consideration."(Aji et al., 2024)Morals start from individuals in everyday life since early childhood. Children's moral education becomes a real and continuous part of our lives. The role of the family, namely parents, is very influential, has an important role in educating children's morals through attitudes, the role of good examples for children in everyday life.(Vany et al., 2024).

### ***Women's Morals Towards Allah***

Morals towards Allah SWT are behaving well or being praiseworthy towards Allah SWT, morals towards Allah are attitudes or actions that must be carried out by humans as servants of Allah SWT when they believe that Allah SWT is their God. Good morals towards Allah SWT are carrying out Allah SWT's commands and avoiding His prohibitions such as prayer, fasting, zakat and others which of course reflect a good relationship with Allah SWT outside of mahdhah worship.(Lestari & Syaifurrohman, 2024). Muslim women have an obligation to maintain their faith and morals in accordance with Islamic teachings. The morals of Muslim women in Islam are a reflection of faith and obedience to Allah SWT. Good morals reflect commendable behavior, which is in accordance with the guidance of the Qur'an and the hadith of the Prophet Muhammad SAW(Syafa'ah, 2024).

Women's morals towards Allah include obedience to worship (prayer, fasting), maintaining personal honor (aurat, chastity), being grateful for blessings, being pious (honest, patient, gentle), doing lots of dhikr, praying, and doing good and useful things for others, according to the guidance of the Qur'an and Sunnah, with the main focus on

sincerity in worshipping only Him. (Shalih, 2024). Besides that, first you have to Covering the aurat. As Muslims, of course we need to obey all the rules commanded by Allah SWT. Islam greatly honors women by ordering them to cover their private parts. Because the aurat is a part of the body that is haram to show to someone who is not a mahram (Syafa'ah, 2024). The command to cover the private parts is clearly stated in the Qur'an through surah An-Nur verse 31 which reads:

وَقُلْ لِلْمُؤْمِنَاتِ يَغْضُضْنَ مِنْ أَبْصَارِهِنَّ وَيَحْفَظْنَ فُرُوجَهُنَّ وَلَا يُبْدِينَ زِينَتَهُنَّ إِلَّا مَا ظَهَرَ مِنْهَا وَلَا يَضْرِبْنَ بِخُمُرِهِنَّ عَلَى جُيُوبِهِنَّ وَلَا يُبْدِينَ زِينَتَهُنَّ إِلَّا لِبُعُولَتِهِنَّ أَوْ آبَائِهِنَّ أَوْ أَبْنَائِهِنَّ أَوْ إِخْوَانِهِنَّ أَوْ بَنِي إِخْوَانِهِنَّ أَوْ نِسَائِهِنَّ أَوْ مَا مَلَكَتْ أَيْمَانُهُنَّ أَوِ التَّبِيعِينَ غَيْرِ أُولَى الْأَرْبَةِ مِنَ الرِّجَالِ أَوِ الطِّفْلِ الَّذِينَ لَمْ يَظْهَرُوا عَلَى عَوْرَتِ النِّسَاءِ وَلَا يَضْرِبْنَ بِأَرْجُلِهِنَّ لِيُعْلَمَ مَا يُخْفِينَ مِنْ زِينَتِهِنَّ وَتُوبُوا إِلَى اللَّهِ جَمِيعًا أَيُّهَ الْمُؤْمِنُونَ لَعَلَّكُمْ تُفْلِحُونَ ﴿٣١﴾

It means: Tell the believing women to lower their gaze and guard their modesty and not to reveal their adornment except that which is visible. They should draw their veils over their bosoms. They should not reveal their adornment except to their husbands, their fathers, their husbands' fathers, their sons, their husbands' sons, their brothers, their brothers' sons, their sisters' sons, their female companions, their female slaves, their male servants who have no desire for women, or children who do not yet understand the female genitalia. They should not stamp their feet to make known what they conceal. Repent to Allah, all of you, O you who believe, that you may be successful. (QS An-Nur (24):31, juz 18, page 350).

Whereas Second, namely worship (prayer, fasting). In Islam, etiquette in worship is highly emphasized because it reflects the quality of a servant's heart in interacting with God. This etiquette encompasses reverence, humility, and a spiritual awareness that worship is not merely fulfilling obligations but also a form of respect and closeness to God. (Maulida, 2025). We are obliged to worship, namely by carrying out all types of worship, such as prayer, fasting, Hajj, and so on in the correct way, namely perfecting the requirements, harmony, sunnah, and

etiquette.(Amran, 2012). Third, namely gratitude. In the Koran, gratitude is mentioned in various verses. For example, in Surah Al-Baqarah (2:152), Allah SWT says, "Be grateful to Me, and do not deny My (favours)." Other verses also emphasize the importance of being grateful for Allah's blessings and remind Muslims not to be negligent in appreciating Him.(Wantini & Yakup, 2023). Therefore, Allah commands us to remember Him and is commanded to thank Him for all the blessings that have been given, be it the blessings of faith, the blessings of Islam, and the blessings of being made easy in carrying out various religious observances and being kept away from various forms of disobedience.(Hidayat et al., 2019).

### ***Morals Towards Yourself***

Humans have obligations to themselves that must be fulfilled to fulfill their rights. This obligation is not merely for selfish purposes or to oppress themselves. Humans have two elements: physical (body) and spiritual (soul). Furthermore, humans are also gifted with reason, which distinguishes them from other creatures of God. Each element has rights, while each has obligations that must be fulfilled to fulfill their respective rights. Therefore, what is meant by morality towards oneself is a person's attitude toward themselves, both physically and spiritually. We must be fair in treating ourselves, and never force ourselves to do something that is bad or even life-threatening.(Fajri, 2024). Examples of morals towards oneself include: Being moral towards one's body. Morals towards oneself include being able to maintain one's physical condition by consuming healthy foods, exercising, and maintaining health and fitness. As well as maintaining personal hygiene and environmental hygiene. This is one of the parameters for being moral towards oneself in the concept of being moral towards one's body.(Fratama, 2023). Next,**Morality towards Reason**.Seeking knowledge is an obligation for every Muslim and a form of Muslim morality. A good Muslim will devote his or her mind to increasing knowledge throughout his or her life.(Muhurin, 2020). Next, be thoughtful. Muhasabah is taking the time to calculate one's daily deeds. If there are

deficiencies in what is required of him, then punish yourself and try to improve it. If it is something that must be made up for, then make up for it. And if it turns out that something is forbidden, then ask for forgiveness, regret it and try not to do it again. Muhasabah is one way to improve oneself, build, purify and cleanse oneself (Saw, 2022).

### ***Morals Towards Parents***

Parents are the first educators for their children, teaching children to speak, steps, and knowledge. Educating attitudes, instilling faith and piety in the values of Islamic teachings, distinguishing between right and wrong, and instilling good morals. The family has religious functions, a function of love, a function of reproduction, a function of economics, a function of cultivation, a function of protection, a function of education and social, and a function of environmental preservation. (Pasaribu & Sultani, 2024).

Morals towards parents are: Love your parents, cherish them, respect them, obey them, be humble, and polite. We know and realize deep down that living with parents is a special gift that cannot be replaced by anything in this world. (Hadith, 2024). Being good to both parents is better known as *Birrul Walidain*, which means fulfilling the rights of parents and obligations towards them both.

### ***Women's Morals in Society***

Women in rural areas play a crucial role in building the foundations of families and communities. However, they generally still face various limitations, including access to skills training, economic participation, and under-facilitated socio-religious roles.

In this context, women are not only aimed at improving their economic skills but also at addressing spiritual and ethical dimensions by strengthening Islamic moral values. Values such as trustworthiness, responsibility, empathy, and cooperation are taught in thematic morality study sessions, which are then integrated into practical skills activities. This demonstrates the potential of social



morality to strengthen participants' internal motivation, leading to greater engagement, discipline, and self-confidence.(Pd & Rismanto, 2025).

## Conclusion

Morals are conditionA person's behavior has existed or is inherent in the soul and is united in the heart. Women's morals in Islam have a very important role and include four main aspects, namely morals towards Allah SWT, morals towards oneself, morals towards parents, and morals in social life. Women's morals in Islam are based on the Qur'an and Hadith, which place women as noble creatures with the obligation to maintain faith, self-respect, and play an active role in the family and society by upholding Islamic moral values.

Morals towards Allah are realized through obedience in worship, covering one's private parts, giving thanks, and maintaining sincerity and piety. Morals toward oneself are reflected in efforts to maintain physical and spiritual health, seek knowledge, and carry out muhasabah as a form of self-evaluation. Morals towards parents are realized through the attitude of *birrul walidain*, namely respecting, loving and obeying parents with full etiquette and affection. Meanwhile, women's morals in society are seen in attitudes of trust, responsibility, empathy, cooperation, and positive contributions in the social, economic and spiritual fields. Good morals are paramount for a Muslim. In fact, one of the Prophet Muhammad's messages was to perfect morals. However, women's morals today are considered to be declining, with some women tending to deviate from their natural state. This phenomenon is evident, among other things, in the practice of adornment, typical of the *Jahiliyah* era, in hair style, body covering, manners, and even daily behavior.





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